

## Case Study



Joe is a 9 year old boy, who had trouble learning how to read in 1<sup>st</sup> grade, and hates to write more than a word or two when answering a question in school. He doesn't get in a lot of trouble with his teacher, but he refuses to do his homework. He can't sit still at home or school and is "always on the go." It takes him hours to finish what should be 10 minutes of work.

At school, he is well-liked by his classmates and the teachers. He's proud of being the "class clown" and is very talkative, especially when he gets to talk about videogames! He has trouble waiting his turn even when he tries very hard and often jumps in the middle of things without thinking.

Does Joe have attention problems, or is he just a lazy kid who doesn't care about school?



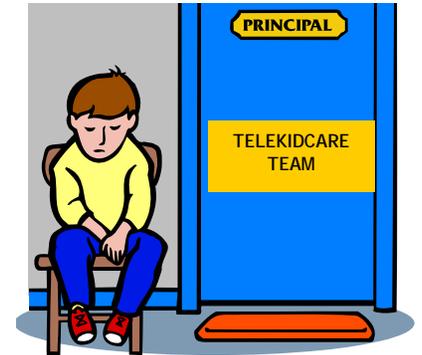
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## TeleKidcare ADHD Clinic



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## What is the TeleKidcare Clinic for ADHD?

TeleKidcare's purpose is to use school-based videoconferencing to increase early identification of ADHD symptoms that may impact academic performance

### TeleKidcare Clinic

- ~The child, his/her family, and school personnel meet with the KUMC team through videoconferencing in the school nurse's office
- ~The joint treatment team, including a psychologist and a developmental pediatrician, work with the family to evaluate ADHD and give treatment recommendations
- ~The initial visit lasts 90 minutes and follow visits range from 30-60 minutes
- ~Parents and school personnel may be asked to participate in a research study about their experience in the TeleKidcare clinic



### Did you know?

- About 3-7% of school-age children have ADHD
- Symptoms of ADHD include fidgetiness, hyperactivity, poor attention, difficulty following instructions, forgetfulness, difficulty completing tasks, talking excessively, difficulty taking turns or waiting, interrupts others' conversations
- These behaviors can be found in all of us, but those with ADHD exhibit these to a greater degree and more often than others, to the point that when untreated, kids begin to have trouble in school and often at home
- If untreated, kids with ADHD often experience anxiety and can develop depression
- Kids with ADHD are at higher risk of injuries
- **ADHD CAN BE CAUGHT EARLY AND IS TREATABLE!!**

### TeleKidcare Clinic



TeleKidcare works with many different kids who are feeling frustrated with their school work, are starting to get bad grades, or are having trouble at home. Meeting with the team just means you're interested in ideas about how to help your child\*.

The telemedicine team meets with the child, caregiver, and school professionals to get a clear picture of the physical, psychological, and social factors that may influence the child's behavior and mood. This may be scheduled through the TeleKidcare nurse.

Depending on the concern, we may work with the family in therapy, assist with medication, refer the child to another professional, or talk about other options.

We collaborate with the child's other health providers and school advocates. There are usually no quick fixes, but working together as a team we believe things can get better!

\* With more immediate safety concerns, talk with crisis/emergency services.

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